



# BODHI MIND



Vancouver Buddhist Church  
220 Jackson Ave., Vancouver, BC, V6A 3B3  
(604) 253-7033

vancouverbuddhistchurch.ca  
February 2007  
Issue 307

## World Peace Begins with Gassho

For years now, my annual theme has been, “World Peace Begins with Gassho.” This phrase comes from writings of Rev. Gyomay Kubose; and considering the growing fear, anger, and distrust felt worldwide, his words become more meaningful with each passing day. To understand that “World Peace begins with Gassho” is to realize that world peace begins with me.



Even in our daily lives, too easily, we point fingers and blame others for our unhappiness or discomfort. And too often and without thinking, we tend to argue with and blame those closest to us. At such times, we might easily wonder if we cannot have harmony within our family, how can we begin to hope for something as great as world peace?

In Buddhism and in Jodo Shinshu, we are encouraged to see that peace begins right here and right now. And it begins with me. World peace begins with my gassho and with my peace of mind. World peace begins with me.

Nurturing awareness in our minds and in our hearts, I wish everyone a year of peace and happiness that begins with our own life of gassho.

Namo Amida Butsu

Tatsuya Aoki

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Our Sangha welcomes you to join us

ON: **SUNDAY FEBRUARY 11, 2007**

AT: **10:30am** SERVICE FOR NIRVANA DAY & SHOTSUKI in the Hondo

Immediately following we will have our **NEW YEAR'S LUNCHEON** in the Social Hall

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**Recipe Corner**

**Mexican Wedding Cakes**

Bake in 400 degrees oven for 15 minutes  
 Makes approx 36-40 balls

- ½ cup butter
- ½ cup margarine
- 1 tsp vanilla extract
- 2 cups flour
- 1 cup chopped pecans
- ½ cup icing sugar

Cream butter & margarine together  
 Add vanilla extract  
 Mix in flour  
 Add chopped nuts  
 Make into approx ¾ inch round balls  
 Cool for 5 min before rolling in sugar

*Submitted by Mrs. Terry Hayashi*

**Hakusai Goma Sumiso Aye**

(Nappa Sesame Vinegar Miso Mix)

- 500 g Hakusai (approximately eight large leaves) boiled, chopped, and squeezed.
- 1/2 c miso
- 1/2 cup sesame seeds (roasted and ground)
- 1/2 tsp dashi no moto
- 1 to 1-1/2 Tbsp vinegar

Mix all ingredients together.  
 Serves 6

*Submitted by Mrs. Fujikawa*

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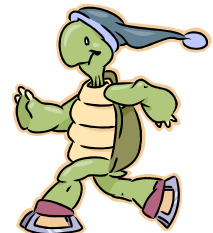
**VBC Dharma School Presents...**



Sunday  
 February 25, 2007  
 5:00—6:30 pm

8 Rinks Arena, 6501 Sprott St, Burnaby

Admission—each person  
 please bring a donation for  
 the Food Bank  
 Skate Rentals—\$2.75



*Everyone welcome...Bring your friends!  
 The ice is exclusively for our use*

## Dharma School

Vancouver Dharma School is inviting all church members and friends to an **“Adventure on Ice” on Sunday, February 25<sup>th</sup> at the 8 Rinks Arena in Burnaby from 5:00 – 6:30 p.m.** For those who do not own skates, rentals are available for \$2.75. Skating aids are available for novices and the rink belongs to us for one and one half hours, so there is no need to feel inhibited – this is where and when the “adventure” begins.

There is **no cost, but every person attending is asked to bring a contribution of food which will be donated to the Food Bank.** Steveston and Fraser Valley temple members have also been invited to join us for an afternoon of fun. Come early to put your skates on so you can be on the ice—right at 5

Aoki Sensei has introduced **“interdependence”** as a focus for study and discussion for the months of January and February. We could keep in mind our connection with all people, including those less fortunate than ourselves, as we bring our can of food to the skating party. Hope to see you all at the 8 Rinks!

## Remembering 2006...

On July the 22nd my uncle Wally got married to my aunt Keiko. It was at the Brock house. It was a really beautiful wedding. Everybody was really dressed up nicely for the wedding. At the end of the wedding we had lunch at the Brock House. They had the wedding at the back of the house. It was a hot sunny day till noon and then it was very windy. There were lots people there that were family and friends but some people couldn't come because they were too busy.

Last year sometime we went to go see the fire works because we haven't seen fire works in a long time. We went to Kitsilano beach because that was where it was. We went with mom's friend. That friend brought her son. I played cards with him till the fire works started. Jeanine asked if she could play, we said, "Yes, can you wait till we are done this game?" She said okay because she was drawing before she asked.

*by Georgina and Jeanine Chan*

The best game that I played in 2006 was laser tag at Planet Lazer in Richmond for my school-friend Jordan's birthday party. It was fun shooting people with the laser gun inside the maze. I liked eating the ice-cream cake and the pizza before playing laser tag. There were seven kids in our group playing it.

*By Manley Xu*

The best thing that happened to me in 2006 was...I finally got my braces off my teeth! Only to be replaced by retainers, which I have to wear for ONE MORE YEAR. But they still feel better than my braces, which cut the inside of my mouth, causing it to bleed and to hurt. The only thing that I miss about braces is the colours that I could choose for them.

*By Leah Xu*

### 2007 HSBC ChildRun Sunday, June 3rd 2007

Mark this date to join our team and participate in this annual event to raise money for the BC Children's Hospital Oncology Department. Check our web-site starting in February for more information.

## Ringing out our passions and ringing in the New Year

For over the past decade, members of our temple have traveled out to the Asian Study Center at the University of BC to bring a Japanese Tradition to the people of the Lower Mainland. Although the event is not widely advertised, this year over 230 people started gathering after 11 pm to ring in the New Year on the large temple bell in the Center garden. Some were members, many were Japanese students, there were young children and elderly couples. All of them stood quietly in the candle-light listening to Aoki Sensei's New Year's Dharma message before taking their turn striking the bell. Even though, traditionally the bell is struck 108 times to represent our 108 passions, everyone there had a chance to strike the bell. After their turn, they each received a piece of mochi and a drink of ama-sake or ginger-ale.

This year, the event started with striking of the taiko drum to bring everyone together. Our thanks to Shinobu Homma and Leslie Komori for their taiko performance, to Rev. Aoki for his message, and to the members of our temple who made the mochi, set up the tents, and distributed the refreshments.

In gassho,  
Lori North



*Members handed out cups of warm ama-sake or glasses of ginger-ale to attendees.*



*A student pauses before the obutsudan after taking her turn at striking the bell.*

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## **BCC Update February 2007 From the Office of Bishop**

*A monthly update from the national headquarters of the Buddhist Churches of Canada.  
11786 Fentiman Place, Richmond, BC, V7E 6M6. Ph: 604-272-3330, office@bcc.ca  
www.bcc.ca*

May this update find you in good health and spirit in the Compassionate Light of Amida Buddha despite the fact that severe mid winter seems to continue across Canada.

February is the month we commemorate Nirvana Day in our Jodo Shinshu tradition, which comes on February 15<sup>th</sup> when Shakyamuni Buddha closed his 80 years of human life. Nirvana means blowing out, tranquility, and also the demise of Shakyamuni Buddha.

According to the chapter called the last teachings of the Buddha, lying between two sala trees, he continued teaching his disciples until his last moment. Thus he entered into perfect tranquility after he had completed his work as the world's greatest teacher. As one of the last teachings, he said to his disciples at Kusinagara, "Make of yourself a light. Rely upon yourself; do not depend upon anyone else. Make my teachings your light. Rely upon them; do not depend upon other teaching."

I couldn't understand this passage for a long time, for it sounds contradiction. First he said Rely on Yourself. And then Rely on My Teaching. However, I recently interpret this passage, "You can rely on yourself if you can become a Buddha in this life. Or you can rely on my teaching if you can't attain enlightenment in this present life." Shakyamuni Buddha showed two paths from the beginning; Path of the Sages and Path of the Ordinary. Of course, our tradition of Jodo Shinshu (Pure Land School) is one of the Mahayana movement and it is the Path of Ordinary.

Shinran Shonin discovered and showed us the essence of all Buddha-Dharma in the teaching of Namo Amida Butsu through his personal experience on Mt. Hiei. May you keep this in mind and observe Nirvana Day to thank Shakyamuni Buddha and Amida Buddha as well as Shinran Shonin.

Namoamidabutsu Orai Fujikawa

### **COMING EVENTS**

Feb 17-18 Northwest Buddhist Convention in Seattle

Mar 24 Higan-ye at Nanaimo, B.C.

Mar 25 Higan-ye at Victoria, B.C.

Apr 14 Lay leader Program for eastern provinces at Toronto Buddhist Temple

Apr 15 Hanamatsuri in Toronto

21 Visitation to Hamilton Buddhist Temple

22 Hanamatsuri in Montreal

Apr 26 – 29 BCC AGM in Calgary

May 10-11 World Jodo Shinshu Coordinating Council in Kyoto

May 26-27 Kelowna Buddhist Temple 75<sup>th</sup> Anniversary

Jul 20- Aug 9 Ryukoku Summer School in Steveston

Oct 13-14 BC Buddhist Convention in Kelowna

Nov 10-11 Alberta Buddhist Convention

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**SHOTSUKI (Memorial) List—February**

February Shotsuki/monthly memorial service will be held on Sunday, February 11, 2007

<b>1952</b>	SATO, Yoshi		HIRANO, Raishu
UEDA, Taneichi	TANAKA, Motoyoshi	ASAOKA, Sotono	ONO, Butch
<b>1958—50th year</b>	<b>1976</b>	INOUE, Eiji	<b>2000</b>
MUKAI, Matsujiro	HIRAKIDA, Hagino	KUNIMOTO, Shinkatsu	KITAMURA, Kichino-
TERASHITA, Matsuzo	<b>1977</b>	TAMAKI, Komaye	suke
<b>1959</b>	INOUE, Zenzaburo	<b>1990</b>	NISHI, Masaharu
HORI, Ito	KARIYA, Jirohei	KONDO, Yoshiye	<b>2001—7th year</b>
NISHIZAWA, Sadajiro	KINOSHITA, Kazuichi	<b>1991—17th year</b>	FUKUHARA, Kisaburo
TAKAI, Koharu	MADOKORO, Jitsuji	TABATA, Fumie	NODA, Kaoru
<b>1960</b>	TASAKA, Yukiyo	<b>1992</b>	YAMASHITA, Kusuye
NISHII, Iyo	<b>1978</b>	MAYE, Meiko	<b>2003</b>
<b>1962</b>	MINATO, Keiji	SATO, Satoshi	HAMA Teruko
NAKAGAWA, Kazuo	NASU, Bunkichi	YAMADA, Masayoshi	JOW Marie Rebecca
TSUJIMOTO, Tsuneno	YAMASHITA, Bunkichi	<b>1993</b>	TAKEUCHI Seiji
<b>1963</b>	<b>1979</b>	TAGAMI, Frank	<b>2004</b>
INOUE, Shigetaka	KIMURA, Kikuo	<b>1994</b>	KONDO, Hideo
<b>1965</b>	NAKASONE, Chie	IWAMOTO, Ryuichi	URASAMI, Miyoko
HAGANE, Yoshijiro	<b>1980</b>	<b>1995—13th year</b>	YADA, Hideo
NAKAMURA, Hirokichi	TANAKA, Manabu	KAMACHI, Shigekazu	YONEDA, Yusuke
NAKANISHI, Tamejiro	<b>1981</b>	SHIBATA, Tsuya	<b>2005—3rd year</b>
<b>1966</b>	MAKINO, Toshimasa	<b>1996</b>	MINATO, Umeko
MARUMOTO, Junko	TANAKA, Tomijiro	KOZAKA, Yoshinari	<b>2006—1st year</b>
<b>1967</b>	<b>1982</b>	OYAMA, George	NAKATA, Dick Sadao
MORI, Zen	FURUGORI, Kikuyo	SHINYASHIKI, Kazuya	NAKATSU, Teruo
<b>1968</b>	MASUHARA, Kishi	<b>1997</b>	SAKAMOTO, Ito
KONDO, Satoshi	NISHI, Iwano	WAKABAYASHI, Yasue	SHIODA, Tetsuya
<b>1969</b>	TAGUCHI, Sataro	<b>1998</b>	
OMORI, Takayuki	TAKENO, Takeiji	BANNO, Haru	
YOSHIZAWA, Kazuo	<b>1983—25th year</b>	HIRAKIDA, Ed	
<b>1970</b>	OURA, Kome	MITSUI, Kazue	
KIKUTA, Toshio	<b>1984</b>	<b>1999</b>	
TSUMURA, Sumiye	KAJIHARA, Tsuruyo	CHAKI, Asako	
UYEMURA, Akio	MOTOMOCHI, Tomekichi		
<b>1971</b>	<b>1985</b>		
KARIYA, Yasuyuki	MAYENO, Kenichi		
NISHIMURA, Ryokan	MOMOTANI, Yuriko		
<b>1972</b>	<b>1986</b>		
KONDO, Kenjiro	MATSUDA, Mikino		
SUGIE, Masami	<b>1987</b>		
SUZUKI, Gennosuke	KOYANAGI, Taki		
YADA, Kunie	SATO, Kojiro		
<b>1974</b>	<b>1988</b>		
URATAK Teru	AKASAKA, Mitsuko		
<b>1975—33rd year</b>	TAKATA, Tadayuki		
IZUMI, Shimataro	UCHIDA, Shiro		
KOYANAGI, Ino	WAKABAYASHI, Genroku		
NODA, Yoshie	<b>1989</b>		

*With deepest sympathies...*

*Our thoughts are for the families of the following people:*

*Mr. Sakae Natsukoshi (90 years)  
January 4, 2007*

*Ms. Kazuko Otsuka Campbell (80 years)  
January 9, 2007*

## February 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 12:00 pm Japanese Service followed by Seniors Club	<b>2</b>	<b>3</b> 9:00 am Manju making
<b>4</b> 10:30 am Service 1:00 pm VBC AGM	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> 12:00 pm Japanese Service followed by Seniors Club  7:30 pm VBC Board meeting	<b>9</b>	<b>10</b> 2:00 pm (FVBT) Nirvana Day / Shotsuki
<b>11</b> 10:30 am Nirvana Day/ Shotsuki / New Year Party	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> 12:00 pm Japanese Service followed by Seniors Club	<b>16</b> NW Buddhist Convention in Seattle (Feb 16—18)	<b>17</b>
<b>18</b> 10:30 am Family Service	<b>19</b>	<b>20</b>	<b>21</b> 11:00 am Nikkei Home Service	<b>22</b> 12:00 pm Japanese Service followed by Seniors Club	<b>23</b>	<b>24</b>
<b>25</b> 10:30 am Family Service  5:00 pm Skating Party at 8 Rinks	<b>26</b>	<b>27</b>	<b>28</b>	<b>1</b> 12:00 pm Japanese Service followed by Seniors Club	<b>2</b>	<b>3</b> 10:00 am Toban meeting

*For more information on coming events, please go to [www.vancouverbuddhistchurch.ca](http://www.vancouverbuddhistchurch.ca) or phone the Vancouver Buddhist Church during regular business hours at (604) 253-7033*

## Donations

*The Vancouver Buddhist Church gratefully acknowledges the following donations received. We apologize for any errors or omissions. Thank you.*

### Donations from: Dec 16, 2006 to: Jan 1, 2007

#### **Nokotsudo / Eitaikyo**

\$50, F. Matsunaga

\$100, Ayako Shibata

**Total Nokotsudo/Eitaikyo - \$150**

#### **VBC Special Services**

\$100, Atsuko Yoneda

\$200, Hiroshi Nakano

**Total VBC Special Services - \$300**

#### **Konshi**

\$25, Nancy S. Leong

\$250, Orrin Morishita

\$500, Minoru Oyama

**Total Konshi \$775**

#### **Memorial**

\$20, Preston Chan, Takeno Yasuhiko

**Total Memorial - \$40**

### Donations Jan 2 - Jan 15

#### **Bodhi Mind**

\$25, Robert Akune

\$50, Toshiko Tsukishima

**Total Bodhi Mind - \$75**

#### **VBC Special Services**

\$100, Jean Sachiko Okamura, Kathleen Roth (Fumiko Hanazawa 1st year)

**Total VBC Special Services - \$200**

#### **Konshi**

\$10, Minoru Oyama (New Year's Day service), Hiro Sugimoto

\$20, Mike Akasaka, Yoshio Fujimoto, Tomiko Jowett, Hatsue Kobuke, James Leung (New Year's Day service), Margaret Yoshida

\$40, Greg Chor (New Year's Day service)

\$50, Makoto Fukui, Emiko Shikaze

\$75, May Mukaida

\$150, Allen Shoji

**Total Konshi - \$505**

#### **Hoonko**

\$10, K. Domai, Kazuye Konishi (for mother Kura Hisanaga), Marie Oyama, Tsunaye Yamashita, George Yoneda

\$20, Martha Banno (mem Mrs. Shizu Banno), Brad Bishop, Greg Chor, Orai Fujikawa, Shizue Hamaguchi, Frank Haman-

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*Donations, continued*

ishi, John Harada, Sayako Hattori, Noboru Hayashi, Yasuko Komori, Henry Low, Michika Mizuno, Karen Mizushima, Tsuyako Nakano, Yoshi Nakata, Chieko Nishi, Lori North, Tsutomu Omoto, Keiko Oyama, Sachiko Renovich, Larry Ryan, Laura Saimoto, Tsuneko Soyama, Noriko Sugimoto, Helen Tajiri, Mitsuru Tanaka (mem of Ichiro Araki), Roy Tatsumi,

**\$25**, Debra Saimoto, Toshiko Tsukishima

**\$30**, Roy Akune, Takehisa Kawasaki, Terry Koyanagi, Masako Yada (monthly service for Genji-San Yada)

**\$50**, Robert Akune, M. Ikuta, Misuko Kadota

**\$100**, Cy Saimoto, Steveston Buddhist Temple

**Total Hoonko - \$1110**

**Memorial**

**\$10**, John Nakata

**\$20**, Martha Banno (mem of Mrs. Shizu Banno), Yoshie Kurita, Sadao Minato (mem of Shizu Banno), Cathy Nishikawa (mem of father Toshio Nishikawa), Rick Nomura (mem of Genichi & Masa Ohori), Shizuo Tanaka (mother's shotsuki), Roy Tanaka, Roy Tatsumi, Toyoko Terada, Tamotsu Teranishi, Kiyoshi Uyeyama, Frances Xu, Mike Yamamoto

**\$25**, Terrie Hamazaki (mem of Shigeyoshi Hamazaki), Kazuye Konishi (for mother Kura Hisanaga)

**\$30**, Hideo Chiya, Yasuko Komori, Terry Koyanagi, Miyoko Nose (mother shotsuki), Mitsuru Tanaka (mem of Ichiro Araki), Kaoru Tanaka (mother's shotsuki), Masako Yada (monthly service for Genji-san Yada)

**\$40**, Mac Kawamoto

**\$50**, Tracey Oye, Keith Tsukishima, Karen Wong (mem of Genichi Ohori)

**\$100**, Takeru Araki (mem of father), M. Oikawa (mem of Mrs. Shimaka Oikawa), Jacqueline Stevens, Masako Takata, Yutaka Takemoto (mem of father Otogusu Takemoto), Toshiko Tsukishima, Bob Ohori (mem Mosa Ohori & Genchi Ohori), Dave Ohori (mem Genichi Ohori), Junko Ohori (mem of father Genichi Ohori)

**Total Memorial - \$1620**

*Our apologies to Tomi Niwatsukino for the following omissions.*

*October 2006—\$50 donation in memory of Father*

*December 2006—\$50 donation in memory of Mother*

**VBC Annual General Meeting**

Sunday, February 4th, 1:00 pm

*Please come and join us for a very important meeting.*

*Your attendance and support is greatly appreciated.*

*Vancouver Buddhist Church 2007 Membership fees are now due. For more information on membership, please contact the VBC office.*

*Thank you very much for your support.*

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